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Application of dynamic metabolomics to examine *in vivo* skeletal muscle glucose metabolism in the chronically high-fat fed mouse



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ABSTRACT

Rationale: Defects in muscle glucose metabolism are linked to type 2 diabetes. Mechanistic studies examining these defects rely on the use of high fat-fed rodent models and typically involve the determination of muscle glucose uptake under insulin-stimulated conditions. While insightful, they do not necessarily reflect the physiology of the postprandial state. In addition, most studies do not examine aspects of glucose metabolism beyond the uptake process. Here we present an approach to study rodent muscle glucose and intermediary metabolism under the dynamic and physiologically relevant setting of the oral glucose tolerance test (OGTT).

Methods and results: In vivo muscle glucose and intermediary metabolism was investigated following oral administration of [U-¹³C] glucose. Quadriceps muscles were collected 15 and 60 min after glucose administration and metabolite flux profiling was determined by measuring ¹³C mass isotopomers in glycolytic and tricarboxylic acid (TCA) cycle intermediates via gas chromatography—mass spectrometry. While no dietary effects were noted in the glycolytic pathway, muscle from mice fed a high fat diet (HFD) exhibited a reduction in labelling in TCA intermediates. Interestingly, this appeared to be independent of alterations in flux through pyruvate dehydrogenase. In addition, our findings suggest that TCA cycle anaplerosis is negligible in muscle during an OGTT.

Conclusions: Under the dynamic physiologically relevant conditions of the OGTT, skeletal muscle from HFD fed mice exhibits alterations in glucose metabolism at the level of the TCA cycle.

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1. Introduction

Defects in muscle glucose metabolism, particularly insulin resistance, are a characteristic feature of obesity and type 2 diabetes [1]. Our current understanding of the mechanisms underlying muscle insulin resistance has been aided by rodent models, especially the high-fat diet (HFD) fed mouse. Accordingly, techniques to determine insulin sensitivity in humans, such as the 'gold standard' euglycemic hyperinsulinemic clamp, have been adapted to allow for detailed assessment of mouse glucose homeostasis [2–4]. The application of the clamp to rodent studies has yielded significant

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insight into the regulation of muscle insulin action, however, there are limitations associated with this method, including the fact that the clamp does not replicate the dynamic changes in circulating insulin, glucose and other hormones and metabolites that occur following nutrient ingestion. During a typical mouse clamp, glucose and insulin are infused directly into the systemic circulation via a peripheral vein, not the hepatic portal vein which is their natural route of entry into the body [5]. Moreover, studies largely focus on determining radioactive tracer-derived measures of muscle glucose uptake as the sole readout of glucose metabolism [3,4], without examining the metabolic fate of glucose once it has entered the myocyte. Studies are therefore required to examine how the presence of insulin resistance impacts on the pathways of glucose metabolism in muscle under conditions that better reflect the physiology of the postprandial state. The oral glucose tolerance test (OGTT) is used in clinical and laboratory investigations to assess

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whole-body glucose metabolism. The OGTT has also been adapted for rodent studies and is now one of the most widely used physiological tests in mice [2]. However, unlike the clamp, the OGTT not only takes into account insulin sensitivity, but also other factors critical for regulating glucose homeostasis including insulin secretion and glucose effectiveness, and therefore more closely replicates physiological conditions [5]. Given the lack of data on muscle glucose metabolism in mice under these physiologically relevant conditions, the aim of this study was to integrate stable isotope methodology and targeted metabolomics to develop an approach to track the fate of glucose derived carbon through key metabolic pathways in muscle during an OGTT. Furthermore, we aimed to examine whether skeletal muscle glucose metabolism is altered in the obese, glucose intolerant HFD fed mouse.

2. Materials and methods

2.1. Animals

All experiments were approved by the Monash University Animal Research Platform Animal Ethics Committee and were in accordance with the National Health and Medical Research Council of Australia Guidelines on Animal Experimentation. Mice were maintained at $22 \pm 1~^\circ \text{C}$ on a 12 h light/dark cycle, with free access to food and water. Eight week old male C57BL/6 mice (Monash Animal Research Platform) were maintained on a standard chow control diet (9% energy as fat, Barastoc Rat and Mouse, Ridley AgriProducts, Melbourne, Australia) or high-fat diet (HFD; 42% energy from fat, 20% by weight from sucrose, Specialty Feeds SF4-001, Glen Forrest, WA, Australia) for 10 weeks.

2.2. Oral [U-¹³C] glucose tolerance test

After a 5 h fast, mice underwent an OGTT where $[U^{-13}C]$ -glucose (50 mg; 25% w/v; 99% enrichment, Sigma Aldrich) was administered via oral gavage. Quadriceps muscles were collected at 15 and 60 min following glucose administration and were rapidly frozen in liquid nitrogen. Blood (50 μ l) was also collected at these time points via the tail vein and blood glucose was measured with a glucose meter (Accu-Check, Roche, NSW, Australia) and plasma insulin via rat/mouse ELISA (Millipore, St Louis, MO, USA) according to the manufacturer instructions.

2.3. Tissue metabolite extraction

Quadriceps muscle (10–20 mg) was weighed into cryomill tubes and 600 μL of 3:1 methanol:water (v/v) and 2 nmol scyllo-inositol (internal control) was added to each tube. Samples were extracted using a Precellys bead-mill with a Cryolys attachment (Bertin Technologies, France). The homogenate was transferred to a new tube, 150 μL chloroform added and the extract centrifuged. The supernatant was transferred to a new tube and 300 μL H₂O added followed by centrifugation. The upper aqueous phase was transferred into a fresh tube and 100 μL of each sample was pooled to make quality controls. Samples and quality controls (80 μL) were aliquoted and dried in a speed vacuum at 37 °C and repeated 5 times. Methoxyamine hydrochloride (20 μL ; 30 mg/mL in pyridine, and 20 μL of BSTFA + 1% TMCS (Thermo Fisher Scientific, Waltham, USA) were used to derivatize the samples.

2.4. ¹³C targeted metabolomics

Targeted metabolomics was performed using gas chromatography mass spectrometry (GC–MS). An Agilent 7890 GC system, VF-5 capillary column with 10 m inert eziguard (J&W Scientific,

30 m, 250 μ m inner diameter, 0.25 μ m film thickness) and an Agilent 5975 MSD (Agilent Technologies, Santa Clara, USA) in electron ionization (EI) mode was used. ¹³C glucose derived carbon labelling was determined in key metabolites of the glycolytic and TCA cycle via mass isotopomer peak shift analysis. Specific details of the elution time for each intermediate as well as the fragmentation pattern can be provided on request and can also be found on the NIST database.

2.5. Plasma ¹³C-metabolite enrichment analysis

To determine plasma [U- 13 C]-metabolite enrichment, 2 μ L of plasma was deproteinated by addition of 50 μ L of ice cold methanol. After thorough mixing the samples were centrifuged, the supernatant dried, and derivatized as described above. The 13 C enrichment in the methoxime TMS derivatives was analysed by selected ion monitoring of glucose (319–323m/z), lactate (219–222m/z), alanine (218–221m/z), palmitate (313–329m/z) and stearate (341–359m/z) ions in EI mode. The metabolite enrichment was expressed as atomic percent excess (APE).

2.6. Metabolomic data analysis

Having extracted enriched and unenriched metabolite abundances using Agilent Mass Hunter Quantitative analysis software, Mass Isotopomer Distribution Vectors (MIDVs) were calculated for each fragment [6]. This removes naturally occurring background isotopic labelling from the fragments. The fractional labelling or APE in each case was determined by the following equation:

$$APE = \frac{\sum_{i=0}^{n} i \cdot m_i}{n \cdot \sum_{i=0}^{n} m_i}$$

where n represents the number of carbon atoms in the considered fragment and i the mass isotopomers (abundance of M + 0, M + 1, M + 2...etc.). Thus, the APE not only takes into account what proportion of the specific metabolite pool is labelled with 13 C, but also the number of 13 C atoms incorporated into that specific molecule [7]. The mass isotopomer distribution (MID) is presented as fractional abundance and shows the fraction of the entire specific metabolite pool that is labelled with the exact number of 13 C atoms, e.g. M + 2 of 0.2 for citrate means that 20% of all the citrate molecules are labelled with two 13 C atoms, while M + 0 of 0.7 means that 70% of the citrate pool contains no 13 C atoms (unlabelled). The sum of all MIDs always is equal to one, hence the term fractional abundance. All the above calculations and corrections were calculated by software designed in-house at Metabolomics Australia based on the theory of Nanchen et al. [6].

2.7. Statistical analysis

All data are presented as mean \pm standard error of the mean (SEM). Unpaired Student's t-test and factorial ANOVA were used. For the ANOVA, Newman—Kuels post-hoc tests were used to establish differences between groups. Statistical significance was set at P < 0.05.

3. Results and discussion

3.1. HFD induced obesity, insulin resistance and glucose intolerance

As expected, body mass was elevated in mice fed the HFD (Fig. 1A). Glucose tolerance was assessed following administration of [U-¹³C] glucose, allowing us to track the movement of glucose derived carbon through pathways of intermediary metabolism in

muscle via GC-MS. Blood glucose (Fig. 1B) and plasma insulin (Fig. 1C) were higher in HFD mice under fasting conditions, at 15 and 60 min after glucose administration, confirming the presence glucose intolerance and insulin resistance. Prior to [U-¹³C] glucose administration, no ¹³C glucose was present in the plasma, whereas 15 min post-gavage ¹³C enrichment markedly increased (Fig. 1D). After 60 min, there was a reduction in plasma ¹³C glucose enrichment from 15 min (Fig. 1D), indicating that endogenous unlabelled glucose produced by the liver and/or kidneys diluted the ¹³C glucose tracer. Importantly, there was no significant difference in plasma glucose enrichment between chow and HFD mice (Fig. 1D). In these experiments, where 99% enriched [U-13C] glucose was administered in vivo, all of the normal physiological and biochemical processes related to glucose metabolism including metabolite recycling takes place. It is therefore inevitable that recycling of glucose derived carbon into metabolic by-products such as lactate (Cori cycle) and alanine occurs (glucose-alanine cycle). Since these metabolites could be taken up by muscle to feed into the TCA cycle, tissue metabolite enrichments, particularly at the 60 min time point, may not be entirely derived from plasma ¹³C glucose. Accordingly, we measured the ¹³C enrichment of plasma lactate, alanine as well as the free fatty acids palmitate and stearate (Fig. 2A–D). There was a progressive increase in ¹³C enrichment of lactate and alanine over time, with lactate enrichment being significantly lower in the HFD mice. A similar trend was found with alanine (P = 0.10). The reduction in plasma ¹³C lactate enrichment implies that whole body glucose disposal/glycolysis was reduced in HFD mice, consistent with the fact that these mice have impaired glucose tolerance (Fig. 1B). The data also show that a significant portion of ingested glucose ends up in plasma lactate and alanine, with mice having ~30% and ~20% of the plasma lactate and alanine pools labelled with glucose derived ¹³C after 60 min, respectively (Fig. 2A and B). In contrast, we could not detect ¹³C labelling in plasma palmitate or stearate (Fig. 2C and D), indicating adipose tissue de novo fatty acid synthesis, at least in the short term, was not making any appreciable contribution to glucose disposal. Therefore ¹³C labelling in tissue metabolites is not likely to be derived from fatty acids.

3.2. Metabolic flux profiling

Metabolic flux profiling was determined by examining ¹³C isotope labelling in glycolytic and TCA cycle metabolites in muscle following [U-¹³C] glucose administration. The basis of this approach is illustrated in the chromatograms in Fig. 3A. Fig. 3A shows lactate labelling 15 min after administration of water (i.e. unlabelled control). Only naturally occurring background isotopic abundance was detected, depicted by the large M + 0 unlabelled isotopomer and corresponding low abundance of the M+1 and M+2 isotopomers. Fig. 3B illustrates lactate labelling 15 min after [U-¹³C] glucose gavage. Compared with Fig. 3A, there was a marked increase in the abundance of the M + 2 isotopomer, demonstrating orally derived [U-13C] glucose is undergoing glycolysis to form lactate. It is important to note that not all of the glycolytic and TCA cycle intermediates could be measured, due to a combination of metabolites being present at low concentrations, lack of volatility, or due to degradation upon heat exposure during chromatographic separation (pyruvate, α -ketoglutarate and oxaloacetate). However, due to rapid exchanges of pyruvate with alanine and lactate, αketoglutarate with glutamate, and oxaloacetate with aspartate, it is possible to determine the labelling of these metabolites indirectly [7–9]. Furthermore, in interpreting this data, it is important to highlight that tracer dilution methodology is based on the fact that a change in enrichment of the tracer or its metabolites over time can only occur due to dilution by unlabelled tracee, as metabolism does not distinguish between tracer and tracee, such that loss from the metabolite pool does not affect tracer enrichment [7].

To gain insight about the movement of orally-derived [U-¹³C] glucose into muscle, we initially compared the ¹³C labelling of the free glucose pool to that of the plasma. As shown in Fig. 2E, the ratio of intracellular to plasma glucose did not differ between chow or HFD mice. Furthermore, the ratio of intracellular to plasma glucose ¹³C labelling did not change over time and remained close to one (Fig. 2E). The ¹³C labelling of metabolites in glycolysis and the TCA cycle is shown in Fig. 3C. No significant changes in labelling were detected over time, indicating that muscle persistently utilized plasma glucose for both glycolytic and oxidative metabolism.

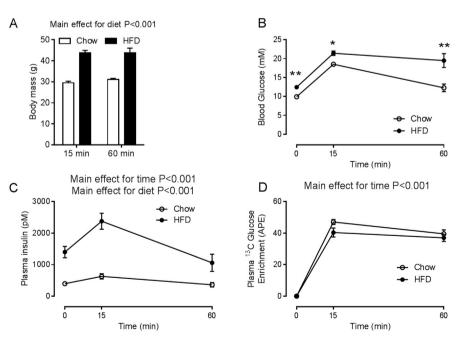


Fig. 1. Effects of HFD feeding on whole-body glucose metabolism. (A) Body mass of mice used in the $[U^{-13}C]$ glucose gavage experiments. (B) Blood glucose; (C) plasma insulin and (D) plasma ^{13}C glucose enrichment. ^{13}C data are expressed as atomic percent excess (APE). For A–D, N=10 chow 15 min, N=9 chow 60 min, N=9 HFD 15 min and N=8 HFD 60 min. Data are mean \pm SEM. $^*P<0.05$ vs chow; $^{**P}<0.001$ vs chow at the indicated times. Data were analysed by two-way ANOVA or two-way repeated measures ANOVA.

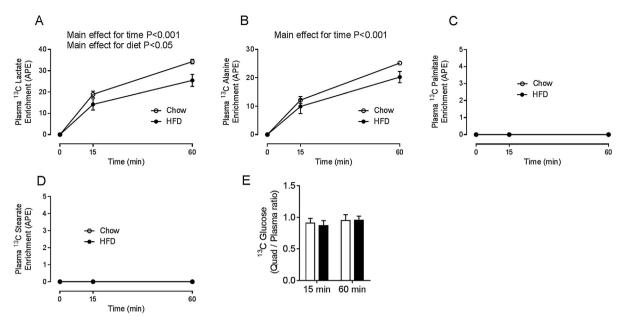


Fig. 2. Plasma 13 C metabolite labelling during the OGTT. 13 C labelling in plasma (A) lactate, (B) alanine (C) palmitate and (D) stearate. Data are expressed as atomic percent excess (APE). (E) The ratio of 13 C labelling between the free intracellular quadriceps and plasma glucose pools. Data are mean \pm SEM. N=10 chow 15 min, N=9 chow 60 min, N=9 HFD 15 min and N=8 HFD 60 min. Data were analysed by two-way repeated measures ANOVA.

Although no effects were seen within the glycolytic pathway, significant dietary effects were noted in the TCA cycle. Muscle from HFD mice exhibited a reduction in labelling in all TCA cycle intermediates measured, except for citrate, which remained unaffected (Fig. 3C). The mechanism responsible for this is unclear, but

could be due to citrate being exported out of the mitochondria for *de novo* fatty acid synthesis [10,11], such that there is less glucosederived citrate available for oxidative metabolism. Although liver and adipose are traditionally viewed as the main tissues involved in *de novo* lipogenesis, evidence is emerging that this process does

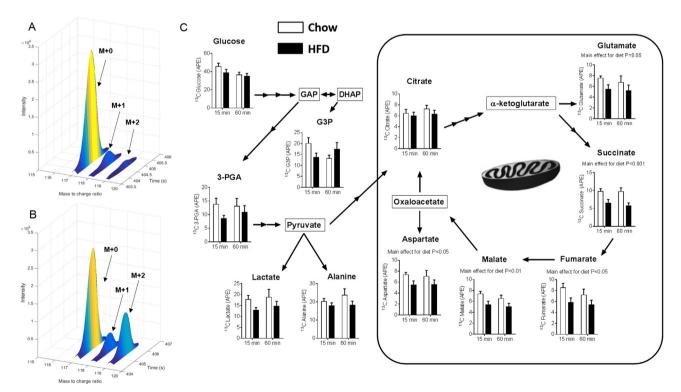
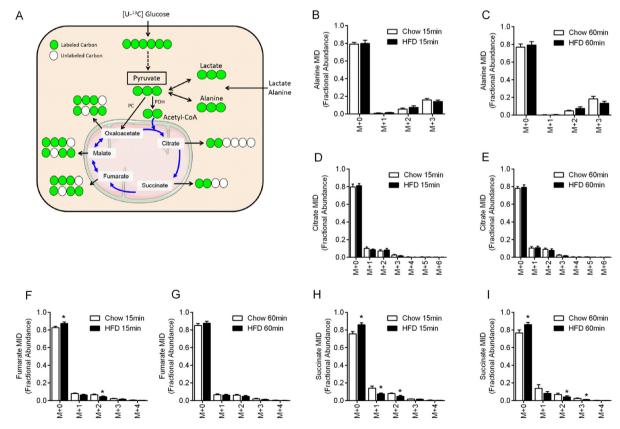


Fig. 3. Dynamic metabolomic profiling of muscle glucose metabolism. (A) Representative chromatogram of quadriceps muscle lactate (117m/z C2–C3 ion) from a mouse 15 min after oral water administration. This demonstrates the natural isotopic background abundance in lactate. (B) Representative chromatogram of quadriceps lactate from a mouse 15 min after receiving a 50 mg oral gavage of [U- 13 C] glucose. Compared with (A), there is an increase in abundance of the M + 2 ($^{119m/z}$) isotopomer demonstrating 13 C glucose derived carbon in this glycolytic product. (C) Profiling of muscle 13 C mass isotopomers in glycolytic and TCA cycle intermediates. Data are expressed as atomic percent excess (APE). Data are mean \pm SEM. N=10 chow 15 min, N=9 chow 60 min, N=9 HFD 15 min and N=8 HFD 60 min. Data were analysed by two-way ANOVA. Significance is indicated in each graph. 3PGA; 3-phosphoglycerate, G3P; glycerol 3-phosphate.

occur in muscle [10,11]. Unfortunately, it is difficult to measure de novo lipogenesis in the short term with carbon tracers [12], as was the case with these experiments, and thus we could not detect any labelling in triglyceride-derived palmitate or stearate in muscle (data not shown). An alternative explanation for the lack of labelling change in citrate is that labelling of the TCA cycle could be diluted at steps subsequent to citrate. This would most likely occur at the level of α -ketoglutarate/glutamate, as there is already a reduced degree of labelling in glutamate, which is in exchange with α-ketoglutarate (Fig. 3C). The alternate unlabelled carbon sources that could enter the TCA cycle via glutamate and thus dilute labelling beyond citrate could be glutamine, proline, histidine or arginine. Although only speculative, given glutamine is the most abundant free amino acid in muscle and is a commonly used substrate [13], the possibility exists that the HFD increases glutamine catabolism via the TCA cycle, thus resulting in a dilution effect in metabolites below citrate. This is consistent with evidence showing that obese insulin resistant humans [14-16] and rodents [15,17] exhibit altered muscle and whole body protein metabolism. Specifically, in the obese and insulin resistant state, there is resistance to insulin [14] and nutrient [17] induced protein synthesis. Thus, HFD mice may have elevated rates of amino acid oxidation in the muscle during the OGTT. Overall, the data support previous findings of Koves et al. [18] which demonstrate that alterations in muscle mitochondrial glucose oxidation are a key feature of HFD

induced metabolic dysregulation in rodents. However, given muscle citrate labelling was unaltered in HFD mice during the OGTT while subsequent TCA cycle metabolite labelling was lower, indicates that this reduction in mitochondrial glucose metabolism does not appear to be mediated by pyruvate dehydrogenase (PDH) inhibition, as has been previously suggested [19–21]. Future work will need to clarify these findings while also deciphering the physiological importance of muscle glucose oxidation in contributing to glucose tolerance. As has been shown in humans [22–24] and in mice [25], muscle glucose oxidation may not be a major contributor to insulin stimulated glucose disposal, thus any defects in this process may not impact on glucose tolerance.

Using the 13 C labelling patterns, termed mass isotopomer distributions (MIDs), it was possible to make a qualitative assessment of the pathways by which pyruvate enters the TCA cycle [9]. There are two possible points by which pyruvate can enter the TCA cycle; pyruvate decarboxylation and hence formation of acetyl-CoA via PDH or carboxylation of pyruvate to oxaloacetate by pyruvate carboxylase, known as TCA cycle anaplerosis [9]. The simplified schematic (Fig. 4A) shows the routes of pyruvate entry into the TCA cycle and the expected 13 C labelling patterns upon the initial (first turn only) entry of pyruvate. It can be seen that uniformly labelled 13 C pyruvate will form M + 2 citrate if acetyl-CoA was generated by PDH. However, if uniformly labelled 13 C pyruvate enters the TCA cycle via pyruvate carboxylase, a combination of M + 3 labelled



oxaloacetate molecules will be formed [9]. As oxaloacetate is in rapid exchange with the other four carbon TCA cycle intermediates aspartate, malate and fumarate, these will exhibit the same labelling pattern as oxaloacetate, and can therefore be used as an indirect measure of oxaloacetate labelling [7-9]. Thus, if there is substantial anaplerosis, the four carbon TCA cycle intermediates would be expected to exhibit significant M + 3 labelling, and possibly M + 4 labelling due to carryover of acetyl-CoA derived 13 C labelling from the PDH reaction. Notably, if there is significant pyruvate anaplerosis the resulting M + 3 labelled oxaloacetate can be further used in the TCA cycle to generate M + 5 citrate, as M + 3oxaloacetate could combine with M+2 acetyl-CoA [9]. In our experiments, we therefore used the MIDs of alanine (readout of pyruvate), citrate, fumarate and succinate to determine pyruvate entry into the TCA cycle [9]. The MID analysis revealed that 65–70% of labelled alanine/pyruvate is in the M+3 form (Fig. 4B and C). In the case of citrate (Fig. 4D and E), the majority of labelling occurred in the M+1 and M+2 isotopomers, with M+3 representing only ~10% of the total labelling while M + 5 was not detected, with no effect of diet. The MIDs of fumarate (Fig. 4F and G) revealed that ~12% of total labelling was M + 3, with essentially the same labelling pattern observed in succinate (Fig. 4H and I). Therefore, these data demonstrate that the majority (>95%) of pyruvate must be entering the TCA cycle via PDH.

Finally, it must be acknowledged that the findings presented here only represent relative flux ratios and not absolute flux rates. Determination of absolute metabolic flux rates in tissues during an OGTT represents a significant challenge as neither an isotopic nor metabolic steady state exists. It must also be mentioned that in *in vivo*, unlike *in vitro*, when a large dose of labelled substrate (such as [U-¹³C] glucose) is administered, the resultant ¹³C labelling, particularly in the TCA cycle, is quite small. This is a well-known phenomenon that occurs with the use of carbon based metabolic tracers and is explained by the continued metabolism of unlabelled substrates and various isotopic exchanges [7,26].

To the best of our knowledge, we are the first to perform a dynamic ¹³C metabolomic analysis of intermediary metabolism in skeletal muscle during the physiologically relevant setting of an OCTT. Our findings reveal that there is a consistent defect in glucose derived carbon entering oxidative metabolism in the TCA cycle of skeletal muscle from HFD mice. Finally, we demonstrate that the vast majority of glucose derived pyruvate enters the TCA cycle via PDH, and not through pyruvate carboxylase mediated anaplerosis. These studies pave the way for application of dynamic metabolomic flux profiling approaches to examine metabolism under physiologically relevant conditions *in vivo* and may offer greater insight into mechanisms of disease development.

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Conflict of interest

None.

Transparency document

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